

Name of Instrument: **Performance-Oriented Assessment / Evaluation**

Author: Mary E. Tinetti

**Contact Info:**

**Name:** Dr. Mary E. Tinetti  
**Address:** Department of Medicine, Yale University School of Medicine  
333 Cedar Street, P.O. Box 3333, New Haven, CT 06510-8056  
**Phone:**  
**Fax:**  
**E-mail:**

**Privacy Use Cost:** \$

**Public Use Cost:** \$

**Year Developed:** 1986

**Where to obtain Instrument:**

- Contact author

**Description of the Instrument**

- To identify 1) components of mobility a person is likely to have trouble with during daily activities; 2) potential reasons for difficulty with particular maneuvers; 3) other problems besides immobility a person is susceptible to (eg, falling); 4) potential medical or rehabilitative interventions that may improve mobility; and 5) potential environmental manipulations that may prevent problems and aid individuals in adapting to mobility problems.
- Diagnosis, therapy, and assessment of interventions are simultaneous and integrated.
- Combines and expands on the disease-oriented (diagnostic tests before therapy and intervention) and gait analytic approaches to mobility (biomechanical components of movement are examined with various machines before treatment).
- A descriptive scale (eg. sitting balance) of one maneuver is Normal, Adaptive, and Adnormal. A range of maneuvers is evaluated to determine the level of functional mobility in elderly people.
- To address the question if content of a functional mobility assessment is appropriate for the elderly patients.

**Form of instrument:**

- Safety Assessment Tools

**Method of delivery:**

- In-person interview/assessment

**Relevance to injury/ Percentage of the instrument specific to injury**

- To identify mobility problems and prescribe restorative, adaptive, preventive measures.

### **Time to administer or complete the instrument**

#### **Methods of data analyses:**

- Quantitative

#### **Setting/sample instrument used in:**

- Data already obtained in the care of older patients.

**Was it pilot tested?** No

#### **Pilot test sample:**

#### **Reliability Measures**

- When pretested on 15 ambulatory residents of a long-term care facility, (there was more than 90% agreement on scoring individual items by two observers (a physician and a medical student.

#### **Validity Measures**

#### **Reference**

Tinetti, M.E. (1986). Performance-oriented assessment of mobility problems in elderly patients. American Geriatrics Society 34(2), 119-126.

#### **Other References**

**Keywords:** stability, mobility, elderly, seniors, falls, assessment.