



Canadian Falls Prevention Curriculum E-Learning Course

Those working with older adults in long term care, acute care, home care and in the community will acquire the knowledge and skills needed to apply an evidence-based approach to the prevention of falls and fall-related injuries.

Over this 4-week course, learn how to design, implement, and evaluate a falls prevention program.

Online, instructor-facilitated weekly learning modules lead you through a process of case-based learning opportunities to develop strategies and interventions; apply current programs; understand reliability and validity of existing resources and tools for screening and assessing fall risk.

A project is created throughout the course as you work through modules specific to a population of most interest (i.e. well community, frail community, acute care, and long-term care). Online discussions and contributions between peers and other healthcare disciplines provide rich learning opportunities to expand and share information. Pre- and post-knowledge quizzes assist participants in assessing their learning.

The number of hours needed to complete the course typically range from 4 to 8 hours each week, depending on your background and experience in fall prevention. In addition, this distance course begins with a required 3 to 4-hour orientation workshop offered over 3 days. This online orientation will ensure all participants understand the necessary technical components, such as locating website resources and learning how to communicate with the instructor and other students using online discussion tools to participate in the interactive activities throughout this course.

The CFPC is an evaluated course, developed by a team of experts in fall prevention, adult education and clinical practice under the leadership of Dr. Vicky Scott and Dr. Elaine Gallagher, with funding provided by the Public Health Agency of Canada, Population Health Fund.

Learning Outcomes

Upon course completion participants should be able to:

- Define the scope and nature of the problem of falls
- Provide fall risk identification and assessment
- Provide a selection of prevention interventions reflecting evidence-based strategies
- Understand social and policy context
- Provide application of a program planning model
- Evaluate the effectiveness of a fall prevention program

Criteria for Completion

The University of Victoria's Division of Continuing Studies will award a certificate of completion to participants who complete the following within the 4-week course:

- Pre- Knowledge Quiz
- Post-Knowledge Quiz
- Program Information Worksheet
- Participation through online postings and collaborative dialogues with other participants

Dates: October 15 to November 12, 2010 (4 weeks)

Instructor: Dale Graham

Fee: \$175 plus \$21 HST

Course code: HPCF215 2010F C01



Register now!

www.continuingstudies.uvic.ca/health/courses/professionals

Or call 250-472-4747