Name of Instrument: **Performance-Oriented Assessment / Evaluation**
Author: Mary E. Tinetti

Contact Info:
- **Name:** Dr. Mary E. Tinetti
- **Address:** Department of Medicine, Yale University School of Medicine
  333 Cedar Street, P.O. Box 3333, New Haven, CT 06510-8056
- **Phone:**
- **Fax:**
- **E-mail:**

Privacy Use Cost: $
Public Use Cost: $

Year Developed: 1986

Where to obtain Instrument:
- Contact author

Description of the Instrument
- To identify 1) components of mobility a person is likely to have trouble with during daily activities; 2) potential reasons for difficulty with particular maneuvers; 3) other problems besides immobility a person is susceptible to (eg, falling); 4) potential medical or rehabilitative interventions that may improve mobility; and 5) potential environmental manipulations that may prevent problems and aid individuals in adapting to mobility problems.
- Diagnosis, therapy, and assessment of interventions are simultaneous and integrated.
- Combines and expands on the disease-oriented (diagnostic tests before therapy and intervention) and gait analytic approaches to mobility (biomechanical components of movement are examined with various machines before treatment).
- A descriptive scale (eg. sitting balance) of one maneuver is Normal, Adaptive, and Adnormal. A range of maneuvers is evaluated to determine the level of functional mobility in elderly people.
- To address the question if content of a functional mobility assessment is appropriate for the elderly patients.

Form of instrument:
- Safety Assessment Tools

Method of delivery:
- In-person interview/assessment

Relevance to injury/ Percentage of the instrument specific to injury
➢ To identify mobility problems and prescribe restorative, adaptive, preventive measures.

Time to administer or complete the instrument

Methods of data analyses:
➢ Quantitative

Setting/sample instrument used in:
➢ Data already obtained in the care of older patients.

Was it pilot tested? No

Pilot test sample:

Reliability Measures
➢ When pretested on 15 ambulatory residents of a long-term care facility, there was more than 90% agreement on scoring individual items by two observers (a physician and a medical student).

Validity Measures

Reference

Other References

Keywords: stability, mobility, elderly, seniors, falls, assessment.