Name of Instrument: **Standardized Mobility Test**

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**Privacy Use Cost:** $
**Public Use Cost:** $

**Year Developed:** 1976

**Where to obtain Instrument:**
- Contact author

**Description of the Instrument**
- Ability to separate out areas of mobility deficit, to evaluate forms of treatment and indicate need for follow-up
- To evaluate the disadvantages and advantages of a form of treatment
- To produce objective, quantifiable measurement/data of independent function
- A patient progress is assessed by clinicians during periodic clinical visits to hospitals/rehab centers.

**Form of instrument:**
- Injury Surveillance/Tracking tool (by clinician)

**Method of delivery:**
- In-person interview/assessment

**Relevance to injury/ Percentage of the instrument specific to injury**
- To evaluate individual patient progress and functioning over the course of rehabilitation from an injury.

**Time to administer or complete the instrument**
- Months or years depending on the length of the rehabilitation.

**Methods of data analyses:**
- Quantitative
Setting/sample instrument used in:
- Four specific rehabilitation cases: 1) Spinal Cord Injury; 2) Evaluation of Ambulation Aids; 3) Atypical rheumatoid Arthritis With Severe Emotional Overlay; 4) Progressive Rheumatoid Arthritis.

Was it pilot tested? No

Pilot test sample:

Reliability Measures

Validity Measures

Reference

Other References
Presented at the 54th Annual Session of the American Congress of Rehabilitation Medicine, San Francisco, November 21, 1974.

Keywords: rehabilitation, injury, mobility test, level of function.