



Watch Your Step Conference - Evaluation Highlights

Total evaluation surveys completed: 156

The link for the online Watch Your Step evaluation survey was emailed to all conference registrants. A total of 156 attendees fully completed the survey.

Participants attended on behalf of a variety of organization types, including government, research, not-for-profit, acute care and community services. The largest group (19%) were from public health organizations.

Most respondents (80%) were Ontario residents. Nine of the thirteen provinces and territories were represented by at least one participant.

65% of respondents would consider attending a future National Fall Prevention Conference outside their home province or territory.

Respondent Demographics

Country	Canada (96%) USA (3%)
Province	Ontario (80%) British Columbia (6%) Alberta (6%)
City	Toronto (24%) Ottawa (6%) London (5%) Edmonton (5%)
Organization Type	Public Health (19%) Non-profit (16%) Acute Care (15%) Community Services (13%)

Note: Only the top answers are listed for each category



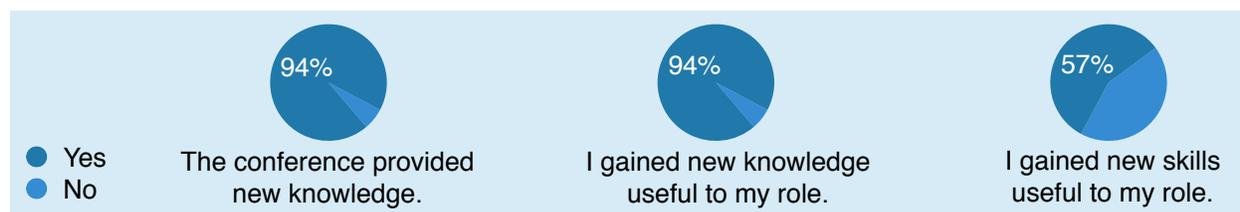
The overall quality and organization of the conference received very high satisfaction ratings. The conference offered 4 types of sessions: oral presentations, symposia, keynotes and poster presentations. 85% of respondents were satisfied or very satisfied with the time allotted to each type of session. The majority (65%) chose to attend a combination of sessions on topics they already knew about and sessions on topics with which they were unfamiliar.

Opportunities and Outcomes

When asked about the opportunities the conference provided them, 90% agreed the conference was an opportunity to network; 85% agreed it was an opportunity to build new relationships; and 59% agreed it was an opportunity to join a new community of practice.



Respondents rated their personal knowledge of fall prevention as more extensive after attending the conference. Survey results show the conference provided attendees new knowledge (94%) and new skills (57%) useful to their roles in fall prevention. Respondents expressed interest in more skill-focused sessions and hands-on workshops at future events.



Survey responses indicated attendees not only plan to share information and resources with others, but also envision making changes to their own work in fall prevention based on learnings from the conference.

Considering your role in fall prevention, can you think of one aspect of your role that may change based on something you learned at the event?

“Implementation. The information [on implementation science] by Dr. Fixsen was especially helpful.”

“I have a better understanding of the effects of vitamins and medications and will make this a more prominent part of my assessment and possible recommendations.”

“Enhance exercise programming.”

“Greater communication with people at all levels in the community who are working with older adults and the impact of falls/falls prevention on their QOL [quality of life].”

“Will advocate/influence the establishment of a multifactorial falls risk assessment clinic.”

“I will add...the perceived fear of falling to my talks to adults and older adults.”

“Have more updated hip protectors to demonstrate and educate clients with.”

“Incorporate fall prevention into everyday programming.”

Moving Forward

The evaluation results show overwhelming support for another National Fall Prevention Conference to be held in the near future.